



INTRODUCTION:

What are cultural refuges today? What are things our culture turns to for safety and security?

What does it take to build confidence in something whether it's a skill or an activity?

TAKE A LOOK AT THE BOOK:

Read Psalm 91

Why is it hard to trust people? What are characteristics of someone you trust?

Why do you think the Psalmist so closely links the knowledge of God and proximity to God with trust and confidence? (ex. v.1,14)

What are things that get in the way of trusting God? Are any of those things from the first question?

What are some of the experiences that the Psalmist had or been around to learn to be confident in the Lord? Are any of those relatable in our culture? How?

TAKE IT HOME:

The Psalmist uses terms like dwell and abide? What does it mean to abide in the Lord? Are there activities or attitudes that we have in order to accomplish that? What are they?