



GETTING STARTED:

What are some ways people have used their minds or bodies that have impressed you?

TAKE A LOOK AT THE BOOK

Read Romans 12:1-2

Describe the imagery in v. 1. What is different about this “sacrifice” than other sacrifices?

What is the reason Paul gives for presenting ourselves as living sacrifices? Why is this reason so important?

If worship is more than an act, but a whole lifestyle like Pastor Jeremy said, what does that lifestyle look like? c

Do you think the culture of our day influences our minds? How? Is it good or bad?

TAKE IT HOME:

How do we keep the world from shaping our thinking?

What does it look like to filter things that influence us?

What are ways we can renew our minds?

Discuss one specific way God has challenged you in regard to the stewardship of your mind and body.

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