

## INTRODUCTION:

What are some trials you have had to face in your life?

Have you had to walk others through a difficult time? What were things you did to encourage them?

## TAKE A LOOK AT THE BOOK:

Read 1 Peter 1:3-9

How does a better understanding of the Gospel sustain us in trial? (v. 3-5)

In what ways is our hope a "living hope" as Peter describes?

In v. 5 how does God save us? Clarifying question: What is our role?

What are comforts we turn to instead of the Gospel in trials? Why do we often go there rather than the truths in God's Word?

Are Bible reading, meditation and prayer really helpful in times of trial? How have you experienced this in your life? If not, why do you think they aren't helpful?

How do trials "refine" our faith as Peter suggests?

## TAKE IT HOME:

What are ways we rejoice in the Gospel? What does that look like?

What are ways we can stay focused on eternal things and not temporal when we face trials?