



GETTING STARTED

Google “optical illusions” or “pictures that can be seen two different ways”. Have the group look at the pictures. Ask your group to vote on which image they can see first. Share examples in real life of how sometimes two people can be looking at the same thing (situation, person, event, problem, etc) and see two different things.

TAKE A LOOK AT THE BOOK

Someone Read 1 Samuel 9:1-2

Someone else read 1 Samuel 16:6-13

What are some of the obvious differences between David and Saul before they were selected as king?

Share some examples of how outward appearance is so highly valued in our culture. How do you think that pressure finds expression in our culture? (Purchasing habits, the way we spend our time, etc)

Read Mark 7:14-23 and Luke 6:43-45. What does Jesus say about the importance of our hearts? Examine how Proverbs 27:19 affirms this truth.

TAKE IT HOME

What are ways we can work on developing our heart?

Share with each other how you can pray for one another in the area of ‘heart-guarding’ and ‘heart-developing’ and for protection from the temptation to fall into the performance trap and outward appearance game. Where specifically might your weaknesses lie?